

## THE STORE CUPBOARD: CUSTOMER ORDER SHEET

**Collection times: Friday 11am - 3pm or Saturday 9.30am - 3.30pm**

Name:	Mobile No:		
Email:		Collection Date:	
<b>ALL PRODUCTS ARE CERTIFIED ORGANIC UNLESS OTHERWISE SPECIFIED</b>			
<i>All products now have a single price - ie 1kg = 10 x 100g price</i>		G = contains Gluten	
<b>BAKING</b>	<b>Price per 100g</b>	<b>DRIED FRUIT</b>	<b>Price per 100g</b>
Bicarbonate of Soda [not certified organic]	£0.40	Apricots	£1.55
Brown Rice Flour	£0.35	Coconut Chips	£0.62
Coconut Flour	£0.82	Cranberries	£2.15
Buckwheat Flour	£0.37	Crystallised Ginger	£1.51
Ground Almonds	£2.24	Currants	£0.83
Polenta	£0.31	Dates	£0.88
Rye Flour <b>G</b>	£0.32	Dessicated Coconut	£0.66
Spelt Flour White [UK] <b>G</b>	£0.39	Goji Berries	£3.06
Spelt Flour Wholegrain [UK] <b>G</b>	£0.32	Figs	£1.20
Teff Flour [brown]	£1.01	Incan Berries	£2.82
		Mango Strips	£2.16
<b>BEANS &amp; PULSES</b>		Mulberries	£0.99
Aduki Beans	£0.44	Prunes	£1.36
Black Lentils	£0.57	Raisins	£0.58
Black Turtle Beans	£0.30	Sour Cherries	£2.65
Brown Lentils	£0.49	Sultanas	£0.52
Butter Beans	£0.36		
Chickpeas	£0.36	<b>GRAINS</b>	<b>Price per 100g</b>
Fava Beans [UK]	£0.33	Amaranth	£0.85
Green Lentils	£0.52	Buckwheat Groats	£0.36
Haricot Beans	£0.41	Bulghur Wheat <b>G</b>	£0.30
Mung Beans	£0.51	Fregola [Giant couscous] <b>G</b>	£0.69
Pinto Beans	£0.36	Millet	£0.31
Puy Lentils	£0.44	Polenta	£0.31
Red Kidney Beans	£0.40	Popping Corn	£0.31
Red Split Lentils	£0.40	Pot Barley <b>G</b>	£0.21
Yellow Split Peas	£0.29	Quinoa	£0.76
		Quinoa [Black]	£0.92
<b>BREAKFAST CEREALS</b>		Quinoa [Red]	£0.81
Barley Flakes <b>G</b>	£0.22	Spelt Grain [UK] <b>G</b>	£0.36
Brown Rice Flakes	£0.61	Teff Grain	£0.81
Buckwheat Flakes	£0.57	Wholemeal Couscous <b>G</b>	£0.31
Rolled Oats	£0.18		
Jumbo Oats [UK]	£0.18		
Millet Flakes	£0.59	<b>HERBS &amp; SPICES</b>	<b>Price per 25g</b>
Quinoa Pops	£2.55	<i>Prices not yet revised: available at the stall</i>	
Spelt Flakes [UK] <b>G</b>	£0.66	Allspice Berries	
Toasted Wheat Flakes <b>G</b>	£0.31	Caraway Seed	
		Cardamom Pods	
		Cayenne Pepper	
		Cinammon [Ground]	
		Cinammon [Sticks]	
		Cloves [whole]	

		Coriander Seed	
		Coriander [ground]	
<b>THE STORE CUPBOARD: CUSTOMER ORDER SHEET [Page 2]</b>			
<b>HERBS &amp; SPICES</b>	<b>Price per 25g</b>	<b>RICE</b>	<b>Price per 100g</b>
Crushed Chilli		Arborio Rice	£0.51
Cumin Seed		Basmati Rice - Brown	£0.49
Cumin Seed [Black]		Basmati Rice - White	£0.50
Curry Powder [Hot]		Brown Rice - long grain	£0.34
Fennel Seed		Brown Rice - short grain	£0.37
Fenugreek		Camargue Red Rice	£0.59
Garam Masala		Jasmine Rice - White	£0.51
Ground Garlic		Wild Rice	£1.76
Ground Ginger		Wild Rice Mix	£0.67
Herbes de Provence			
Mustard Powder [Yellow]			
Mustard Seed [Brown]]		<b>SEAWEED</b>	<b>Price per 10g</b>
Mustard Seed [Yellow]		Ascophyllum [fine granules]	£3.82
Nutmeg [whole]		Dulce [UK]	£1.65
Oregano		Kombu [UK]	£1.65
Paprika		Sea Greens [UK]	£3.75
Paprika, Smoked		Sea Salad [UK]	£1.65
Peppercorns [Black]		Sea Spaghetti [UK]	£1.65
Psyllium Husk			
Rosemary		<b>SEEDS</b>	<b>Price per 100g</b>
Sage			
Star Anise		Chia Seed	£0.71
Thyme		Flax Seed	£0.82
Turmeric Root Powder		Flax Seed, Crushed	£1.20
		Hemp Seed	£0.36
<b>NUTS</b>	<b>Price per 100g</b>	Hemp Seed, Dehulled	£0.65
Almonds [whole]	£2.08	Omega Seed Mix	£0.68
Almonds [flaked]	£2.56	Pine Nuts	£4.68
Brazil Nuts	£1.67	Poppy Seeds	£0.94
Cashew Nuts	£2.19	Pumpkin Seeds	£0.72
Hazelnuts	£2.34	Sesame Seeds	£0.45
Peanuts	£0.58	Sesame Seeds [Black]	£0.72
Pecan Nuts	£3.82	Sunflower Seeds	£0.32
Walnuts	£1.81		
Nut Mix:almond,brazil,cashew,hazelnut,wal	£2.00	<b>Salt</b>	
		Pink Himalayan [Course]	£0.76/100g
<b>OILS AND VINEGARS - Refills*</b>	<b>Price per 500ml</b>	Pink Himalayan [Fine]	£0.76/100g
Cider Vinegar RAW with the mother	£1.85	Sea Salt	£0.46/100g
Balsamic Vinegar	£4.25	Seaweed Salt	£1.00/25g
Olive Oil: Cold Pressed, Virgin [Spain]	£6.50		
<i>*Bring your own bottle</i>		<b>Gipsy Hill Herbs Handblended Organic Salts</b>	
<i>or 250ml &amp; 500ml bottles on sale</i>		Fragrant Tuscan Salt	£1.00/25g
<i>at the stall. Price £1.50</i>		Chilli, Coriander & Lime Salt	£1.00/25g
	Price Per Jar		
Coconut Oil [RAW] 210g, Essential Trading	£3.99		

Coconut Oil [RAW] 690g, Essential Trading	£10.99		
<b>THE STORE CUPBOARD: CUSTOMER ORDER SHEET [Page 3]</b>			
<b>SPREADS, BUTTERS, SAUCES</b>			
Almond Butter 425g <b>£6.95</b>		<b>Herbal Teas contd</b>	
Unpasteurised Brown Rice Miso, Clearspring 150g <b>£3.45</b>		Golden Rod	
Peanut Butter [Crunchy] 340g <b>£2.99</b>		Hibiscus	
Pear and Apple Spread no added sugar] Biona 450g <b>£4.45</b>		Lavender Flower	
Natural Dark Tahini [Fair Trade] 270g <b>£3.45</b>		Lemon Grass	
Tamari [Strong] 1ltr <b>£10.95</b>		Lemon Verbena	
Tamari, Japanese 150ml [Clearspring] <b>£3.18</b>		Liquorice Root	
		Marigold Flower	
		Nettle Leaf	
<b>SUPERFOODS</b>	<b>PRICE</b>	Olive Leaf	
		Peppermint	
Acai Powder [NOT IN STOCK]	£1.44/10g	Pink Rose Petal	
Ascophyllum Granules	1.19/25g	Raspberry	
Ashwaganda Root	£1.60/25g	Red Clover Flower	
Astragalus Root Powder	£2.30/25g	Rooibos Leaf	
Baobob Fruit Powder	££3.70/100g	Rosehip	
Bee Pollen	£1.76/25g	Sage	
Cacao Butter [Raw]	£1.02/25g	Thyme	
Cacao Nibs [Raw]	£1.71/100g		
Cacao Powder [Raw]	£2.97/100g		
Chlorella Powder	TBA	<b>ECO CLEANING PRODUCTS</b>	
Maca Powder	£0.95/25g	<i>*Please supply your own containers*</i>	
Matcha Powder	TBA		<b>Price per litre</b>
Spirulina Powder	£2.12/25g	All Purpose Cleaner	£2.50
		Fabric Conditioner	£2.40
<b>SWEETENERS</b>		Laundry Liquid	£2.34
Carob Bean Powder	£1.48	Toilet Cleaner	£2.20
Coconut Palm Sugar	£1.24	Washing Up Liquid	£2.60
Granulated Cane Sugar	£0.39		
	<b>Price per Jar</b>		
Maple Syrup [250ml]	£5.50		
Wildflower Honey [RAW] 340g	£4.50		
<b>TEAS &amp; HERBAL TEAS</b>		<b>BREADBREAD - only on Saturdays</b>	
<i>Prices not yet revised: available at the stall</i>		<b>100% Organic Sourdough Bread</b>	
Black: Nam Lanh [Fair Trade]		Cafone	£4.50
Green Jasmine		Cocchietta	£0.65
Oolong		Focaccia*	£1 per eighth
Sencha Green Leaf		German Rye	£4.50
Yerba Maté		Organic Long [Rye Starter]	£4.80
		Pagnotta*	£10.00
<b>Herbal Teas: Caffeine Free</b>		Seeded Tin	£3.50
Ashwaganda Root	£1.60/25g	Walnut and Rye	£4.80
Chamomile Flower		<i>*Sold as whole, half or quarter loaf.</i>	
Dandelion Leaf		<i>Please specify when ordering.</i>	
Echinacea Leaf			
Eyebright			





